

Claire Sutherland BA(Hons), MBA
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Claire is a polished, accredited and highly experienced executive coach. She is committed to her own ongoing professional development, and her transformational coaching interventions draw from the fields of positive psychology, sport psychology, transactional analysis and psychometric profiling. She is a practitioner in the field of communicating change effectively, and works with executive teams and board members to help them to engage their people through change programmes, improving performance and employee engagement. She specialises in top team dynamics and post-change recovery.

Claire provides coaching support in the following areas:

Leadership Coaching to provide a sensitive and confidential sounding board for busy senior leaders to gain insight into your personal style, strengths, beliefs and behaviours, to consider the impact of your leadership style, and a place safely to explore current challenges and ideas.

First 100 Days Coaching to support newly-hired executives to ensure they make the greatest impact in their first 100 days of a new role.

Transition Coaching for executives just appointed to a senior leadership team position for the first time, to help them to develop effective working relationships and manage new stakeholders at this level.

Leading Ladies Coaching Programme, to support senior women executives for whom personal development can often take on a different context to that of their male counterparts; for example, being a minority on the leadership team or the challenges of work life balance.

Career Coaching to help executives think through their career options and future directions.

Experience

Recent executive coaching assignments:

University of Surrey, Aston University, Association of Colleges, ATOS Origin, Avon Insurance, Azaria PR, The Children's Society, Fire Service College, Goodrich, HM Revenue and Customs, HM Prison Service, Heraeus Electro-Nite, Hospira, Kent County Council, Lloyds Register Quality Assurance, Mastercard, McArthurGlen, Miranda Technologies, National Grid, National Trust, NFU Mutual, Paxton & Whitfield, Remploy, Warwickshire County Council, Worcester College

Designed and delivered coaching training programmes:

Association of Colleges, BUPA, East Midlands Development Agency, Orange Telecom, Royal Mail, Solaglas, Thus Telecom, University of Warwick

According to recent research by the CIPD, nearly 70% of organisations recognise the positive and lasting impact that coaching can have on professional development.